

HF Net Frequencies for Maryland and Surrounding States

State	Frequency	Time	Notes
Maine	3.940 LSB	Mon.-Sat., 5:00 PM Sun., 7:00 PM Sun., 9:00 AM	Sea Gull Net Maine EmComm Net Maine Public Service Net
New Hampshire	3.943/3.945 LSB	Daily, 6:00 PM	Granite State Phone Net
Vermont	3.933 LSB 3.934 LSB 3.976 LSB 3.857 LSB	Mon.-Sat., 5:30PM Sun., 9:00 AM Sun., 8:00 AM Daily, 7:30 PM	Green Mountain Net Vermont Phone Net Vermont Phone Emergency Net Vermont Phone Traffic Net
Massachusetts	3.918 LSB 3.945 LSB 3.937 LSB	Daily, 5:30 PM Sun., 8:30 AM Sun., 8:30 AM	EMA/RI Voice Traffic Net New England Phone Net WMA Section Emerg. ARES Net
Rhode Island	3.915 LSB	Daily, 5:30 PM	EMA/RI Voice Traffic Net
New York	3.925 LSB Pri., 7.237 LSB Sec. 3.913 LSB Pri., 3.925 LSB Sec. 3.925 LSB	Daily, 1:00 PM Daily, 5:00 PM Daily, 6:00 PM	NY State Phone Net NY Public Operations Net NY State Phone Tfc. & Emerg. Net
New Jersey	3.950 LSB	Daily, 6:00 PM, Sun., 9:00 AM	New Jersey Phone Net
Pennsylvania	3.958 LSB 3.983 LSB	Daily, 5:30 PM Daily, 6:00 PM	Pennsylvania Phone Net WPA Phone & Tfc. Net
Delaware	3.905 LSB	Mon. - Sat., 6:30 PM Sun., 6:00 PM	Delaware Traffic Net Delaware Emergency Phone Net
Maryland	3.920 LSB	Daily, 6:00 PM	Maryland Emerg. Phone Net
Virginia	3.947 LSB 3.907 LSB Pri., 7.260 LSB Sec.	Daily, 4:00 PM & 7:30 PM Daily, 1:00 PM	Virginia Fone Net Virginia Traffic Net
West Virginia	3.865 LSB 7.235 LSB	Daily, 6:00 PM Daily, 11:45 AM	West Virginia Fone Net West Virginia Mid Day Net
North Carolina	3.927 LSB 3.923 LSB 3.938 LSB 3.923 LSB Pri., 7.923 LSB Sec.	Daily, 7:45 AM Daily, 6:30 PM Daily, 7:30 PM Daily, 7:30 PM	North Carolina Morning Net North Carolina Evening Net North Carolina SSB Net Tar Heel Emergency Net
South Carolina	3.915 LSB	Daily, 7:00 PM	South Carolina SSB Net

Presented courtesy of Philip Szczepanski W3YVT